

# WEEK FOUR: HOUSEHOLD TASKS

## *Nonnegotiable Tasks and Peaceful Compromise*

All read chapter 4 ahead of time.

Today we are addressing the dreaded household chores and upon whose shoulders these should fall. His? Hers? The children's? A combination? And are there resentments brewing that we need to discuss about what needs to be accomplished on a regular basis? Resentment that may derive from preconceived or outdated ideas about how things should be done around the house?

First, let's watch the video segment for lesson 4.

### NOTES ON VIDEO

### QUESTIONS

1. Share the first emotion that comes to mind with the words "household tasks."
2. When Jess talks about her resentments, does this resonate with you?
3. When Ryan talks about how he came into the marriage with preconceived ideas (men's jobs, women's jobs) can you relate? How so?



4. In your relationship, have either of you set aside the marriage for the children? For work? For golf? If so, why?

### SHARE

Take a few minutes to discuss answers.

### READ

The following scriptures address different aspects of household duties. Listen and then jot down how it applies to your life. These can remain private or can be discussed as a group.

"She rises while it is yet night and provides food for her household and portions for her maidens."  
—Proverbs 31:15

"Whatever you do, work heartily, as for the Lord and not for men." —Colossians 3:23

"And to aspire to live quietly, and to mind your own affairs, and to work with your hands, as we instructed you."  
—1 Thessalonians 4:11

"To be self-controlled, pure, working at home, kind, and submissive to their own husbands, that the word of God may not be reviled." —Titus 2:5

"Commit your work to the LORD, and your plans will be established." —Proverbs 16:3

"I perceived that there is nothing better for them than to be joyful and to do good as long as they live; also that everyone should eat and drink and take pleasure in all his toil—this is God's gift to man."  
—Ecclesiastes 3:12-13

"For even when we were with you, we would give you this command: If anyone is not willing to work, let him not eat." —2 Thessalonians 3:10

"And to aspire to live quietly, and to mind your own affairs, and to work with your hands, as we instructed you."  
—1 Thessalonians 4:11

"Whatever your hand finds to do, do it with your might, for there is no work or thought or knowledge or wisdom in Sheol, to which you are going." —Ecclesiastes 9:10



### DISCUSS

1. What feelings arise in your heart as we read these verses?
2. Why do you think the Lord admonishes us to work?
3. How do these verses apply to our marriage?

### EXPLORE

Here are some feelings the words "household tasks" elicited in people:



### PONDER AND DISCUSS

Which of these emotions resonate with you?

Why?



### CLOSING QUESTIONS/HOMEWORK

**Complete with your spouse.**

1. Is there an issue we need to discuss in our relationship within the realm of household chores?
2. Is there any resentment we need to bring to the light?
3. Is there a way we could lighten our load with help or some other solution?
4. What is one change we will commit to doing this week?
5. His takeaway:
6. Her takeaway:

### IF COMFORTABLE, DISCUSS ANSWERS AS A GROUP.

Close with prayer.

